

HAVE YOU CONSIDERED *Surgical* WEIGHT LOSS?

Coushatta employee loses 165 pounds
with the help of surgical weight loss

story by **Kelsey Sunderman-Foster**
photos courtesy of **Danny Hernandez**

At 400 pounds, Danny Hernandez knew that it was time for a change. Having watched his mother and sister struggle with diabetes throughout his life and battling the disease himself, Hernandez wanted more for himself and for his future.

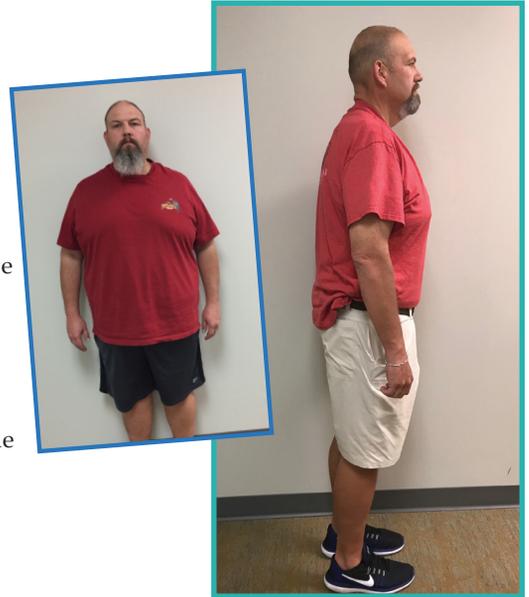
Feeling that he was fighting a losing battle, Hernandez began looking into alternative options. As a Casino Surveillance Officer at Coushatta Casino Resort, his employer provided benefits for surgical weight loss and covered the BARI.net program.

"After talking to my BARI.net surgeon Dr. Phillip Gachassin, I opted for the gastric sleeve due to

the surgery being minimally invasive and having a shorter down time," said Hernandez. "My experience throughout the process was a positive one, and I would definitely recommend BARI.net to others for the amount of support and information that they provide."

Since his surgery, Hernandez has lost a total of 165 pounds and is happy to report that his blood pressure, cholesterol and blood sugar levels are perfect.

"This has been one of the best decisions I have ever made," Hernandez stated. "To anyone thinking about taking a step towards living a healthier life, quit thinking about it and make it happen."



DANNY HERNANDEZ
once weighed 400 pounds.



DR. PHILIP GACHASSIN

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DR. DENNIS ESCHETE



Available for covered Coushatta Casino Resort health plan members, spouses and dependents. Must be a covered health plan member for at least 1 year. BARI.net is a PPO organization with direct-to-payor contracts for bundled "episodes of surgery."
This information is not a complete description of benefits. Contact 1.855.415.9228 for more information. Limitations, copayments and restrictions may apply. Benefits, eligibility requirements and member cost share may change annually.